

THE HEALTHY ANIMAL UPDATE
February 2003

The purpose of this newsletter is to empower you to keep your animals healthy - and yourselves, too. As part of me keeping myself healthy, this newsletter is issued only sporadically. If you wish me to use a different email address or to be deleted, please send an email to HealThyAnimals@aol.com

I would love to print letters that you would like to share with other holistically oriented animal partners. Send what has worked for you, what you have done that did not work as well and wonderful stories about your animal family.

A NEW PERSPECTIVE FOR YOUR HEALTH JOURNALS
LIFETIME CARE FOR YOUR ANIMALS
ANY TAKERS TO DO A PROJECT?
SMALLPOX VACCINATIONS
MIRACLE GREEN SOAP
THE CRUSADER FEBRUARY 2003 FROM DR. BLAKE (EDITED)
RAW MEAT AND ANIMAL PORTRAITS
VIDEOS ON RAW FEEDING
TICKS

A NEW PERSPECTIVE FOR YOUR HEALTH JOURNALS

Marlene Sandler (a great communicator and healer) reminded me that along with keeping track of any symptoms and treatment, we would benefit by noting the wonderful, healthy things as well. I propose selecting something great about your animal to record in the journal for every ill symptom you have (or have fun and write down several for every symptom.

Your animal's symptom list may be:

1. Diarrhea
2. Vomiting
3. Torn cruciate
4. Panting a lot
5. Shedding a lot
6. Bald spots
7. Liver problems
8. Fear of thunderstorms
9. Freckles appeared as she aged.
10. Increased Thirst
11. Odd odor to breath

Your health list may be (Marlene said these):

1. I love to snuzzle in his fur.
2. He loves butter soooo much.
3. He is humorous.
4. She loves music, especially Bach.

5. She is the best communicator
6. She makes me laugh by.....
7. He makes me happy by
8. He watches the house
9. She airplanes across the desk
10. He is the greatest swimmer
11. She is very chatty

I love this idea of focusing on the positive along with the negative. What we focus on tends to be seen more frequently around us. If I forget to ask you to tell me something wonderful about your animals, remind me. I do get cards and letters telling me amazing things about the animals in your life.

LIFETIME CARE FOR YOUR ANIMALS

Do you worry what will happen to your animals if you die? Most of us are blessed enough to have family or friends who will take care of our animals. For those who are not, there is a great alternative. Brighthaven, in California, has a Continuous Care Program. They have an incredible sanctuary for domestic animals – most are very elderly. For stray cats, they will only adopt ones over the age of 16, but if you set up a trust they will take your animals at any age. They have horses, cats, dogs, birds and loving people. I personally know them and their sanctuary is just that – loving and beautiful. Setting up a pet trust provides for the care of animals to death or 21 years. Read more at www.brighthaven.org.

ANY TAKERS TO DO A PROJECT?

There are several animal rescue groups and humane societies who use a little to a lot of holistic modalities in their sanctuaries. At this point they are not networked as far as I know. If some one wanted to research on the web all the different groups and see about a list serve for them it would be wonderful. Several holistic ones include Brighthaven (above), the elephant sanctuary that Dr. Tapp has been helping out with homeopathic treatment, Prince Georges Feral Friends (timsaffell@usa.net), Humane League of Lancaster County, one near Stowe, VT, one in NC, one in Missouri. Another approach would be to call or email holistic veterinarians asking if they know of any. Those running rescue groups of any sort are usually too busy to do this project but I am sure may help.

SMALLPOX VACCINATIONS

Please do not get this vaccine if there is way to avoid it. Go to www.edcp.org. I just got information from them that begins with, “If you receive a small pox vaccination, you may be contagious and spread the virus from your vaccination site for three weeks. ...Avoid contacting yourself and others including your animals.” This is awful!!!!!!!

MIRACLE GREEN SOAP

Hello Dr Christina . . . we are expecting a heat wave tomorrow in the low 40's , , , , . The dachshunds may even go out to play!

Do you know of the Masters Miracle Green Soap? It does help the animals and planet too! I have

found it SO beneficial I want to at least tell everyone about it. The Green Soap (Neutralizer and Gel) - I am using it in me, on me - plants, dishes, bath tub and dogs! Basically, they help us become chemical free. Alkalinizing, oxygenating, cleansing and detoxing inside and out. Helping us get everything that says 'Warning' on the label out of the house. To be chemical free in bathroom, kitchen and everywhere in between. Truly! I use it for teeth cleaning, shampoo and bubble bath . . . my teeth ARE whitening and folks are commenting on my 'new' hair! The attachment is info and feedback I have gathered from various email newsletters. Actually, it's ten pages! The web site is sanandagardens.themastersmiracle.com (NOTE no www - yet) please cut and paste. They have been upgrading the entire site. My own testimonies are at the end of the attachment. You can order Retail or 'wholesale' (no strings) - or by the gallon! I have told a couple of friends who are holistic nurses, therapists, naturopathic doctors, etc - and to my chagrin (!) They say, Oh! EVERYONE is talking about this stuff! It would be nice to hear from you anyway. Suitable for the extra sensitive! Love and Joy, Sananjaleen

THE CRUSADER FEBRUARY 2003 FROM DR. STEVE BLAKE (edited)

I just came back from the Western Veterinary Conference in Nevada and was very surprised by what I experienced. First of all this is one of the largest veterinary conferences in the world. The focus is conventional medicine but they did have some alternative lectures, which made my heart smile.

Dr. Peter Dickinson, a veterinary neurologist from Davis Veterinary Medical School specifically instructed the large group of veterinarians, that corticosteroids are not indicated in brain or spinal trauma, nor brain tumors. He said that corticosteroids are the most abused drug in veterinary medicine. There is no scientific proof in the veterinary or human literature to support the use of corticosteroids in any of these three situations.

It was very refreshing to hear a professor strongly make this point. He said that he has seen many dogs die because of the intestinal hemorrhage that is a strong possibility with hydrocortisone.

Animals with spinal or head trauma are predisposed to intestinal hemorrhage even without corticosteroids. Peter said they survived the surgery but the doses of corticosteroids they were given previous to the surgery killed them. I have not used corticosteroids for over 20 years and found that my patients respond better than those that have been treated with corticosteroids. If you should have the misfortune of having your pet sustain head or back trauma, make sure they are not given corticosteroids. [Welcome to the UC Davis School of Veterinary Medicine!](#)

Steven Marsden DVM from Canada spoke on alternative management of cancer patients. There were several hundred veterinarians present, which was very exciting to me. The attitude was very receptive and good questions were asked. The most important point Dr Marsden made was that whatever treatment we use, we must help the body establish correct cell differentiation.

What is cell differentiation? This is the normal cell life of healthy cells. As long as they serve their purpose, die and are replaced, life is GOOD. When they get out of control, then we have cancer. What does this mean to you as an animal caregiver? Simply put, it means we need to do every thing we can to provide an environment so that the body can accomplish this very basic need for survival. Dr. Marsden pointed out the need for less vaccinations [justsayno2vaccines](#) , [Pneumonia Vaccine Not as Effective as Thought 2/26/03](#), avoiding chemicals http://www.drugawareness.org/Archives/3rdQtr_2002/record0014.html , drugs [3 Drug Companies Face Fraud & Bribery Charges 2/26/03](#) , healthy supplementation [The Pet Whisperer](#) , exercise, reduced stress in the home, exercise, clean food and water. All of this you already know but the lesson to be learned is that all of these have a direct impact on cell differentiation. As long as the cells in our pet's bodies differentiate in a normal fashion, they will die a natural death. If they do not, they may become CANCER CELLS.

He recommended Milk Thistle as a liver detox herb. This herb has been shown to enhance the efficacy of chemotherapy and radiation. It is also an excellent antioxidant. he recommends a dose of 0.2 ml / 5 pounds of body weight twice per day in a liquid extract.

He also recommends the use of Xue Fu Zhu Yu Tang for tumors especially in lung metastasis, Mast cell tumors, intra thoracic neoplasia, Thyroid adenocarcinoma and salivary adenocarcinoma. The dose he recommends is 1 gram/10 to 15 pounds of body weight divided twice per day. Spring Wind

Herbs toll free # 1-800-588-4883.

He also recommends the use of Vitamin A at a dose of 700 units per pound per day. The question of vitamin A toxicity came up and he explained that the toxic level for vitamin A is 2,500,000 units per day for three months. The therapeutic dose for a 100 pound dog is 70,000 units per day. If you do your math, that is a nice safety factor of 97%. You can learn more about his protocols in Manual of Natural Veterinary Medicine Published by Mosby. Authored by Wynn and Marsden. (Dr. Chambreau's note – Dr. Marsden will consult by phone if you wish him to treat your dog with chinese herbs, especially if you can find a local acupuncturist to read the tongue and pulses. Call Veterinary Advice Line 866-4-VET NOW if you need help finding a local acupuncturist.)

I would like to add that there are many ways to help maintain normal Cell Differentiation out side of what Dr. Marsden outlined in his presentation. Bach flowers Dr Edward Bach Centre bach Flower flower Remedies remedies Essences essences , Aromatherapy Young Living Essential Oils -Independent Distributorship , Gemmotherapy Welcome , Bovine Colostrum The Pet Whisperer , acupuncture I.V.A.S. , chiropractic American Veterinary Chiropractic Association - chiropractic, spinal manipulatio , homeopathy The Academy of Veterinary Homeopathy Alternative, Complementary and Holistic Veterinary Medicine (AltVetMed) AHVMA D Academy of Veterinary Homeopathy Referral List In Country and State Order 12-22 PEACEFUL EXISTENCE, massage, ETC., are but a few that can help in this process.

Since spring is around the corner we all need to be thinking about Heartworm or do we?. I feel you need to think more about the side effects of **Pro Heart**

(Moxidectin) http://www.fda.gov/cvm/index/ade/ade_web_rpts2000.htm and weigh the risk of using prophylactics or electing to use an alternative approach. I encourage people to not use heartworm drugs on their pets unless their fear is too great for them to tolerate not using the drugs.

RAW MEAT AND ANIMAL PORTRAITS

Dr Chambreau,

1) I did inquire about the deer meat at Chuck Ensor's - I learned they do not sell the meat - the only thing they offered to do was take my name and call me when a deer was available - all they will do it gut the deer - no butchering etc.... I declined! [If someone is interested – 410-472-9038.]

2) Do you have thoughts on Buffalo meat? - Whole Foods carries it frozen. [Dr. Chambreau – I think Buffalo meat is great.]

3) Portraits - if you are ever looking for a wonderful artist - I have one - I commissioned her to do portraits of Mandy and Jessie [my kids before Duncan !!] Her name is Theresa Vance - she graduated from Hereford High School - when you have a chance - go to her web page - under the Menu column - choose Commission work - then choose Pets - then dogs.....scroll down to "Jessie" and "Mandy" - if you click on their picture, you will see a copy of the photograph she used for the portrait..... <http://home.dmv.com/~vance/index.htm>

Lorrie Kautsch

VIDEOS ON RAW FEEDING

Two great new videos – “Save your cat – nourish her the way she’s built to eat” and “Save your dog – nourish him the way he was built to eat” are now available.

These are by Kate Solisti and Patrice Mattelon. You actually get to watch them prepare the food and discuss their rationale for doing so. Excellent for anyone who is new to raw feeding, to show your conventional veterinarian (or even some holistic veterinarians do not realize that feeding raw meat and bones), for anyone

who is still leery of feeding chicken bones and other raw bones. I do feel that feeding raw bones with meat is safe and improves health. Email solmat@earthlink.net.

TICKS

Another suggestion for ticks – essential oils of rose geranium or palmerosa. I knew I was growing geraniums in my house for a reason! I have always thought the best prevention against ticks is to have chickens in your yard. However, I was at the Smith Farm (they raise wonderful free range chickens, turkeys, ducks, rosy veal and more) yesterday and they pulled a tick off their dog. I guess a few could sneak through. Other people have reported a definite decrease in the number of ticks when they had poultry. Remember the old standby – Green Hope Farms Flee Free. Worked great for me.