

## HEALTHY ANIMAL UPDATE June 2007

This newsletter is sent by request only. You are receiving this email from Dr. Christina Chambreau because you are passionately committed to having health for your animals, yourself and the planet. If you have received it in error or wish to unsubscribe for any reason, hit reply and put unsubscribe in the subject line and a reason in the body of the email, if you are willing. New updated information is available at [www.HealthyPetsBlog.com](http://www.HealthyPetsBlog.com). PLEASE visit the blog and comment on the posts. If you all start commenting, we can learn from each other and share healthy resources and experiences. If you visit the blogs, I will be more active on them

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### KEYS TO BEST HEALTH

What do you need to keep your animals healthy?

Frequently people new to the holistic approach call me wanting the current problems to resolve quickly. As we speak, they realize that hints of illness had been there for a long time. Others call at the earliest hint of a problem and with some we can prevent more illnesses and with others we still struggle with maintaining health.

Some animals stay healthy with few problems for their whole life with nothing special being done for them (could be vaccinated, fed dry food, given flea and heartworm preventative, any problems treated with drugs). A few even live a very long life.

The dilemma is that we do not know ahead of time which animals will do best on a raw meat diet, dry food, cooked meat and vegetables, etc. We all know people who lived a healthy life of 90 plus years, smoking, drinking and not exercising. Do we suggest that as the best route to health? No. We also know people who are super attentive to health who die at an early age. The following is a reminder to all of us about being attentive to our health and our animals' health.

Even a number of my clients think that each new problem needs to be treated in isolation, that first you treat the current problem, then somehow improve health. Others will often wait until there is a clear illness before addressing overall health building. A benefit of taking my classes the last week in June in Bowie or hosting me in your town is learning (or reminding yourself) enough to understand at a deep level how healing works – how animals become ill and better. The [Healthy Animal's Journal](#) has a section that explains this briefly. [Homeopathic Care of Cats and Dogs](#) by Don Hamilton has several excellent chapters on understanding health and illness. For people, I have found [Radical Healing](#) by Rudolph Ballentine to be excellent.

Illness begins at the *ENERGETIC LEVEL* – I just know my animal (or me) is ill. If not treated then (by the already selected constitutional remedy, or with intuitive healing, or Reiki, Healing Touch or EFT or other methods) the illness progresses. The next level is *FUNCTIONAL* – the dog itches or the cat frequently urinates yet there are no other symptoms. Again recovery can be easy at this point. Once the *INFLAMMATORY PROCESS HAS BEGUN* it is more difficult to heal. First you need to be sure the treatment addresses both the current problem AND is tailored to rebalance the energy imbalance that caused the problem in the first place. At this stage you can usually see some immediate improvements. Finally, as the illness progresses, tissues change, thicken, harden, grow tumors, ulcerate and sometimes lose future function. Once *PATHOLOGY* has begun, healing is much harder and you need a lot of patience. As healing begins, you will probably see many more symptoms that are inflammatory or functional and you need to be willing to gently soothe these while not delaying the deeper healing.

Every animal has its time to pass on and fatal illnesses can happen at any age regardless of the care you have taken. Always remember you are doing the best you can at any moment and be thrilled for the time you have had together.

The basics, again, are to feed the best possible diet (and this may change for animals over time), watch for early warning signs and never give up trying something different until your animal companion is as healthy as possible at that time. No one veterinarian, animal communicator, pet store owner, neighbor or internet source has the correct answer. There is no correct answer. There is observation – your observation – as to how your family responds to different treatments. All of the above can give you ideas and can help you assess the response. Ultimately, you decide to stay with one approach, one diet, one supplement, or another.

### **KITTENS NEED A HOME**

Just before Mother's Day, my daughter found 3 young kittens in a house she was beginning to rehab. Of course we brought them home, started them on a raw meat diet and chortled to watch them frolic with each other. They quickly became comfortable with handling, though did not seek us out as they had each other. One was taken to be the special cat for a young teen and immediately cuddled up to him and has been fine ever since. The other two have wanted less to do with me since then. They each need a home, probably separate ones for maximal people bonding. I have attached pictures for those of you who can take attachments. They are each male and about 8 weeks old. One is a tan with tabby stripes hidden in the coat and one is a dark grey clearly striped tabby.

**Please help these kittens find a home RIGHT NOW.**

I will provide initial care for free and if you want the kitten and cannot afford to neuter when the time comes, I will pay for that. My husband is adamant about no more cats here, so I will help anyone who wants these kittens. Of course, each will go home with a journal.

### **BOWIE ANIMAL HEALTH CLASSES**

We had to cancel the advanced classes because people who wanted to attend were not able to clear their schedules and some emergencies arose. The following classes will definitely happen. Treat yourself to a learning vacation and pass this on in any way you can. These classes will help prevent animals from dying from problems like the poisoned food because more people will understand the keys to good health.

LEARN HOMEOPATHY TO KEEP YOUR PETS HEALTHY - taught by me - Dr. Christina Chambreau

OK - you have gotten this sporadic newsletter for years - or maybe you are new to it. You are committed to healing your animals - deeply.

What is stopping you from learning how homeopathy can heal your animals?

Time? Register now for next year if you have a conflict this year.

Money? Ask for gifts from friends.

Leave treatments to the veterinarian? Knowing more will help your practitioner do a better job to really heal your animals.

Not smart enough?

Just forgot to sign up? Go now to [www.HomeopathicAnimalCare.org](http://www.HomeopathicAnimalCare.org)

**I guarantee** you will learn valuable ways to have your animals become and stay healthy in any of the classes you take.

You will meet like minded people who can partner with you for health.

You will be able to work with a homeopath in a much more powerful way.

If you are a veterinarian or other professional who wonders if homeopathy is a modality for your practice,

you will learn enough to begin treating animals and how to study further.

Your animals will be happy you spent 2 days, or a week, learning homeopathy and holistic methods.

Get your veterinarians and veterinary technicians to attend. (80% of grads said vet school left them unprepared for holistic medicine - in Washing State).

INTRODUCTION TO VETERINARY HOMEOPATHY - June 23 & 24, Sat and Sun is for you if:

\*\*\*You want your companions to live a long and healthy life.

\*\*\*\*\*Your clients are asking for homeopathy and you do not know what it is.

\*\*\*\*\*Your animals are ill and you want to know if and how they can be healed.

\*\*\*You want to know more about the impact of processed foods and vaccines on your animals.

\*\*\*\*\*Your animals are being treated homeopathically and you want to understand the process.

INTERMEDIATE VETERINARY HOMEOPATHY - June 25-28.

This is the cream of the crop of classes for people interested in homeopathy. You will know more after these 4 days than I did after 3 years of classes and practice. If you are working with a homeopathic practitioner, imagine if you could look up your animal's symptoms, noticing others in the repertory that you could then tell your practitioner. This would speed up the healing. Veterinarians who take this course will know for sure if this is a modality for them, be able to start treating and know how to study more. Get your vets here!!!

The first and fourth days are SO IMPORTANT to any healing modality that if you never open the books again you will be amply repaid for the cost in money and time.

Day one - case taking. While we learn this from the homeopathic perspective, every veterinarian and every person living with and working with an animal should be skilled in knowing "what is the current health status" - in very specific terms. How healthy is your animal? This alone is worth the price.

Day two - how to use the Repertory, the book that is an index of symptoms of remedies, to look up animal symptoms (a number of well trained homeopaths treating people attend this class and particularly love this day) in a human oriented book.

Day three - How to select the homeopathic remedy, what potency to give and when to reassess.

Day four - Again, this is a day that will make a HUGE difference in your health and that of your animals. How to tell how your animal (or yourself) has responded to treatment. While a few books clearly and articulately cover this material (Hamilton - Homeopathic Care of Cats and Dogs; Chambreau - Healthy Animal's Journal; Chris Day - Homeopathic medicine for small animals), this is the only short course that covers Cure, Palliation & Suppression so that you will begin to understand when it is time to change treatments or practitioners. This day also sets a higher level of standards for treatment of your animals. No longer is it great just to have the symptoms resolve - you want glowing health!!!

BEGINNING CASE STUDIES DAY - June 29.

What fun! Put it all together! I will present a case and you will work through the books to find the remedy and judge the reaction to the remedy.

Go to [www.HomeopathicAnimalCare.org](http://www.HomeopathicAnimalCare.org) to register and for locations and times. Call or email me for content questions or because you want a boost to get there.

### **GOOD NEWS FROM CALIFORNIA VETERINARY COLLEGE**

Yes, the veterinary students are interested in the holistic approach. I spoke at lunch to over 30 vet students on homeopathy and Rob Silver spoke on a different day for lunch to 45 students on nutrition and supplements. He, I, Cheryl Schwartz and Kevin Haussler spoke on Sunday to about 40 veterinarians, technicians and owners. There were wonderful exhibitors and the holistic student veterinary club is in great shape and planning for next years conference!!

## INTUITIVE

A long time friend reports that she has had excellent results with Ellen Potter [www.EllenPotterAstrologyHealing.com](http://www.EllenPotterAstrologyHealing.com) 410-877-9616 (MD) and Joy Turner - 425-867-1779 (WA)– [www.talkwithyouranimals.com](http://www.talkwithyouranimals.com)

## THE BEST DIET

Wendy, her dog Zsa Zsa and I were at the Chesapeake Small Business Alliance Green Happy Hour (<http://www.csballiance.org/>) Monday night and the featured food tasting was chicken and beef (from free range, organic sources) by <http://www.naturalcuisine.org>. Zsa Zsa has been rather ill and one intuitive said she was ready to transition while another said the transition could take many more years. She has become very limited in what she was willing to eat for the last several months or longer, especially being averse to the healthy raw meat that is so good for most animals. Wendy offered her a small piece of the excellent beef made by Joseph. She ate it and about 1/4 C more of tiny pieces while we listened to Joseph speak about preparing healthy meals for families, kids at schools and more.

Because I am always trying to help animals eat what is right for them, I suggested that Wendy buy the meat that was left from the event (helped Joseph and Zsa Zsa). The next day she reported "Thanks for the idea to buy meat. I arrived home to see Zsa Zsa begging for more meat. I mixed it with vitamins and soup broth and she ate every morsel. Thrilling" The point of this story is to be creative, always looking for the best, most local foods. Never give up. Keep trying different foods.

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Register now for **SUMMER CLASSES WITH ME in June 2007** - [www.HomeopathicAnimalCare.org](http://www.HomeopathicAnimalCare.org)

FrequenSea: Watch video at [www.WhyPlankton.com](http://www.WhyPlankton.com), then call me. Has alleviated cataracts in one dog and started some cats eating! Order at [www.myForeverGreen.org/132195](http://www.myForeverGreen.org/132195)

For help with health and wealth, go to <http://www.christinachambreau.com/>  
Look for the One Minute Millionaire.

Then check out The Hunger Project and invest your money in having the world be hunger and poverty free - <http://www.thp.org>

To help our planet and our spirits, come to a symposium, Awakening the Dreamer, Changing the Dream. [www.Pachamama.org](http://www.Pachamama.org) will tell you how.

Keep your animals healthy by tracking all symptoms in a lovely book and record those fun moments as they happen. Order the Healthy Animal's Journal at <http://www.healthyanimalsjournal.com/>

To receive the HEALTHY ANIMAL UPDATE, a newsletter, send email request to [HealthyAnimals@aol.com](mailto:HealthyAnimals@aol.com).

To get help to find the best health care for your animals, call the Veterinary Advice Line, 866-4-VET NOW [www.VetAdviceLine.com](http://www.VetAdviceLine.com)

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