THE HEALTHY ANIMAL UPDATE December 2005

The purpose of this newsletter is to empower you to keep your animals healthy--and yourselves healthy, too. I am very grateful that so many people are committed to having the animals in the world be as healthy as possible, and to helping the world to begin to heal, as well. Each one of you is special to me, so please continue to give me feedback, requests and suggestions.

WHAT DO YOU WANT TO HEAR ABOUT?

Thank you to everyone who has written in with questions. Remember I have the healthy people section, too, so ask human related questions as well. If you wish me to use a different email address, or to stop receiving this newsletter, please email HealThyAnimals@aol.com.

BOOK OFFER

FREE BOOK. Talk with your veterinarian, groomer, kennel, pet sitter or other people involved with animals. Show them the benefit you have had from the journal. There is a wholesale price. If someone you speak with orders 10 books at the wholesale price, I will send you a free autographed journal. Email me at HealThyAnimals@aol.com that you have someone interested and I will follow up.

Let yourself be quietly drawn by the pull of what you love. Rumi

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1. Early Warning Signs of Disease

Wonderfully often, people call me wanting help for their pet because they have noticed a little red line on the gum, or slight tearing or a little mucus on the stool. Few people would call their veterinarian for a problem like this, yet often, beginning a lifestyle or treatment change at this point will prevent future illness. You can find a list of these early warning signs of illness on the bookmark in the Healthy Animal's Journal or at

http://www.christinachambreau.com/index 5warnsigns.html.

2. Wobenzym for Inflammation

A reader sent in the following report. I have seen good results in some animals with many different problems with Wobenzym. http://www.wobenzym.com/

I wanted to give you an update/testimonial about Tailer and her glaucoma. I read an article in the Oct. 2005, Whole Dog Journal called "Digest These Benefits." The article talked about how Wobenzym is good for many things, from injuries to inflammation, skin problems, arthritis, etc. I began Tailer on 7 tabs 2 x's per day and what a miracle. It relieved the pressure in her eye. People who had seen her before when her eye was bulging have even commented that her bad eye looks normal like her other eye. She's now on 5 tabs 2 x's per day. I tried to go less but the pressure comes back a little. I have not done any of the drops in the eye (drugs) for almost 2 months. And I had even started her on a small dose of the Methazolamide because of her pain. It made her seem

lethargic. Now she is only on the Wobenzym and her mood is much better and she is more active as the Wobenzym has helped her arthritis and ligament problems. Again, what a miracle.....she had been in so much pain that I actually had an appointment scheduled to have her eye removed. I hope this information can help other dogs.

3. Courses for 2006

Homeopathy for Health – Taught by the fabulous Dr. Chambreau in July in the Washington DC area. We need your commitment to attend these courses for us to schedule them. Enroll early for significant savings. Email HealthyAnimals@aol.com with your interest.

Healing Touch Level One for Animals: Learn how to help heal your animals yourself. Complete Workshop Schedule is at: http://www.healingtouchforanimals.com/print-schedule.htm

Tucson, AZ February 24-26
Denver, CO March 10-12
Charlotte, NC March 24-26
Atlanta, GA March 31- April 2
Canton, OH March 31 - April 2
Okalahoma City, OK March 31 - April 2

Nashville, TN April 7 – 9 Cincinnati, OH April 28-30 Calgary, Alberta April 28-30 The Netherlands May 5, 6 & 8 May 19-21 Baltimore, MD July 14-16 Seattle, WA Southeast, PA September 22-24 Baltimore, MD October 27-29 Denver, CO November 3-5

4. Health and wealth for people.

The One Minute Millionaire by Mark Victor Hansen and Bob Allen will shift your thinking about the world of wealth and happiness. Go to http://www.christinachambreau.com/index_2OMM.html to order and save 50% over store prices. Email me that you've ordered the book and I will send you a free sample bottle of Geranium oil to help prevent ticks this spring.